

### INFO & PAYMENT OPTIONS:

12 hours continuing education for Session I  
(Cervical Spine & Upper Extremities) – Jan. 6th  
12 hours continuing education for Session II.  
(Lumbar Spine & Lower Extremities) – Jan. 7th

Total Expense:  
\$250 for one session  
\$450 for both sessions

LIMITED SPACE AVAILABLE.  
\$100 NON-REFUNDABLE DEPOSIT PER SESSION IS  
REQUIRED TO RESERVE YOUR SEAT.  
Call 281-367-7400 to reserve.

-You will need to bring your own table and  
garments allowing direct access to the upper  
extremities, upper-mid back, lower extremities  
and lower back as applicable

#### Payment methods:

- Credit Card by phone
- Cash and credit card accepted onsite

All attendees will receive a Medical Massage  
certificate of completion.

### Date/Location:

Session I – Jan 6, 2018, 8am - 9pm  
Session II – Jan 7, 2018, 8am - 9pm

(1 hour lunch break each day)

The Woodlands School of Massage Therapy  
10845 Kuykendahl Rd., Ste. 102  
The Woodlands, TX 77382

### About the Presenter:

After originally training as a massage therapist and eventually fulfilling thirteen years of academics and training, Dr. Derek Myers went on to quickly begin building a distinguished career successfully treating high level athletes as well as some of the most severe neuromuscular pain and biomechanical dysfunction cases. Whether a professional athlete, severe chronic pain syndrome, failed surgery, or even a former president, the results continue to speak for themselves.

His Post-doctoral experience includes sports medicine, specialized rehabilitation, neuromuscular and myofascial pain. Areas of specialization include neuromuscular/myofascial pain, entrapment syndromes, biomechanical correction, and post-surgical care. In addition to continued clinical success, he has been teaching how to attain amazing clinical outcomes utilizing therapeutic massage and myofascial techniques to massage therapists, physical therapists, chiropractic physicians, osteopaths, and medical doctors for several years.

He continues to practice in Franklin, TN, successfully treating a strong following of patients from several states and maintains strong clinical relationships with top specialists from many disciplines.

The Woodlands School of Massage Therapy  
Presents:

Dr. Derek Myers, DC  
Neuromuscular Pain & Manual Massage  
Specialist

Medical Massage Sessions I & II

The Woodlands School of Massage Therapy  
10845 Kuykendahl Rd., Ste. 102  
Phone 281-367-7400

[info@woodlandsmassage.com](mailto:info@woodlandsmassage.com)  
[www.woodlandsmassage.com](http://www.woodlandsmassage.com)

# MEDICAL MASSAGE

## Session I & II

- (I) Cervical Spine & Upper  
Extremities
- (II) Lumbar Spine & Lower  
Extremities

Presented by:  
The Woodlands School of  
Massage Therapy &  
Dr. Derek Myers, DC

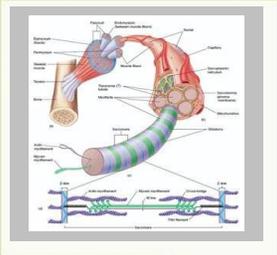
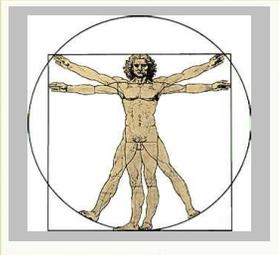


*"I have referred patients to Dr. Myers for years now and his success in relieving their pain is remarkable. In fact, many get results after their first session. My patients report that they are always very satisfied with his technique and professionalism. In this day of multi-modal pain relief, Dr. Myers myofascial pain relief techniques will play a key role in your patient's overall success at restoring function."*

John R. Schneider, M.D., M.A.  
Board Certified Neurologist  
Board Certified Pain Medicine  
Owner Comprehensive Pain & Neurology Centers

# RESULTS...

SPEAK FOR THEMSELVES.



*“By utilizing his unique skills, training, knowledge, and experience in diagnostic evaluations, the biomechanics of the body, and appropriate treatment protocols, Dr. Myers has been able to increase function, decrease pain, and improve quality of life for my patients.”*

Hemal Mehta, MD, Physical Medicine and Rehabilitation, Pain Management – Integrative Pain Solutions

## WHAT WILL I LEARN FROM THIS SEMINAR?

- Immediately increase referrals from the medical community and generate the proper documentation and communication that physicians expect.
- Increase your hands on and didactic training for treating the fastest growing recognized area in healthcare.
- Acquire a thorough understanding and treatment protocols for conditions that physicians routinely recommend massage therapy for and how to get those clients in the door.
- How to build lasting clinical relationships with physicians and other healthcare professionals to keep the referrals coming and how to integrate into a medical practice.
- Understanding insurance coverage.
- How to help your client increase their treatment frequency.
- Hands on clinical instruction from one of the country's foremost experts in manual therapy treatments for neuromuscular and biomechanical pain

## The Neuromuscular Approach

Mechanically speaking, the human body is a complex interactive pulley system. Within this system are muscles, tendons, ligaments, and cartilage that act on our skeletal structure to generate movement, stability, and strength throughout our everyday activities. In the course of our lives, jobs, and activities, these tissues develop imbalances that create aberrant or compensatory motions that progress into aches, pains, and entrapped (pinched) nerves. This principle also holds true for unresolved minor injuries or post-surgical cases especially related to the spine and shoulders. An example of this would be a hair stylist developing thoracic outlet or carpal tunnel syndrome, or an executive who develops low back pain and sciatica from sitting all day.

Utilizing advanced myofascial and neuromuscular techniques and proprioceptive neuromuscular re-education, the pain and/or entrapped nerve can be released and the biomechanical dysfunction be corrected.

These techniques continue to be proven to be the safest and most effective treatments for neuromuscular conditions and are strongly supported by top specialists in sports medicine, orthopedic and spine surgery, neurology, and pain management. Mastering skills that help difficult patients will yield you even more improved results with your existing clients.